

The Watermark Organized Successful Orthopedic Panel and Lunch

This post was contributed by a community member.

An expert panel of doctors from OrthoConnecticut were welcomed with great success at the recent panel and luncheon held at The Watermark at East Hill on June 19th. The doctors, who represented the following multiple specialties: hip and knee arthroplasty, total and reverse shoulder replacement, minimally invasive spine surgery, thumb basal joint arthritis, ankle arthritis and treatment of rotator cuff tears, educated the audience on surgery, rehabilitation and more. After the chef prepared lunch was complete, the floor was open to over seventy attendees who asked a variety of questions to the panel. Both the doctors and the attendees appreciated and enjoyed the opportunity to connect at The Watermark at East Hill and look forward to future panel luncheons.

About The Watermark at East Hill:

The Watermark at East Hill, located at 611 East Hill Road in Southbury, Connecticut, is a distinctive community for seniors, offering exceptional independent living, assisted living, skilled rehabilitation and memory care. The community is one of 52 senior living communities nationwide professionally managed by Watermark Retirement Communities, a company committed to creating extraordinary and innovative communities where people thrive. For more information, please visit <https://easthill.watermarkcommunities.com> or <https://www.facebook.com/WatermarkAtEastHill>.

About OrthoConnecticut

[OrthoConnecticut](#) is the region's premier, multi-specialty orthopedic and pain management practice, helping patients regain mobility, lead active lives, and attain optimal well-being. It is the combined practice of Danbury Orthopedics, New Milford Orthopedics, Coastal Orthopedics and CT Pain Care. 31 fellowship-trained, board-certified physicians offer patient care at 9 offices in Danbury, Darien, Litchfield, New Milford, Norwalk, Ridgefield, Sharon, Southbury, and Westport. The practice's urgent care service, [OrthoCare Express](#), is open 7 days a week for emergencies and is available in Danbury, Darien, Norwalk and Westport. To make an appointment with any of the practice's specialists, or to learn more about OrthoCare Express, please visit <http://www.myorthoct.com/> or call 1.833.ORTHOCT (1.833.678.4628).

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